

Questionnaire

E-mail:

Use your frequent email address for future contacts.

Name of your University:

Student ID number:

The email, University and student number validates the data and it is necessary for the prize draw.

1. Year of university

- ☐ 1st
☐ 2nd
☐ 3rd

2. How old are you?

- ☐ 17-19
☐ 20-24
☐ 25 and over

3. What is your country of origin?

4. Which of the following describes you?

- ☐ Male
☐ Female

5. Where do you live?

- ☐ Student hall of residence
☐ Rented accommodation
☐ Home with parents
☐ Other

6. How much do you weigh?

(stones) (lbs)
 (kgs)

7. How often do you have a drink containing alcohol?

- ☐ Never (If selected, skip to question 15)
☐ Monthly or less
☐ 2-4 times a month
☐ 2-3 times a week
☐ 4 or more times a week

8. How many drinks containing alcohol do you have on a typical day when you are drinking?

- ☐ 1 or 2
☐ 3 or 4

- ☐ 5 or 6
 - ☐ 7 to 9
 - ☐ 10 or more
-

9. How often do you have six or more drinks on one occasion?

- ☐ Never
 - ☐ Less than monthly
 - ☐ Monthly
 - ☐ Weekly
 - ☐ Daily or almost daily
-

10. How often during the last 6 months have you found that you were not able to stop drinking once you had started?

- ☐ Never
 - ☐ Less than monthly
 - ☐ Monthly
 - ☐ Weekly
 - ☐ Daily or almost daily
-

11. How often during the last 6 months have you failed to do what was normally expected of you because of drinking?

- ☐ Never
 - ☐ Less than monthly
 - ☐ Monthly
 - ☐ Weekly
 - ☐ Daily or almost daily
-

12. How often during the last 6 months have you needed a first drink in the morning to get yourself going after a heavy drinking session?

- ☐ Never
 - ☐ Less than monthly
 - ☐ Monthly
 - ☐ Weekly
 - ☐ Daily or almost daily
-

13. How often during the last 6 months have you had a feeling of guilt or remorse after drinking?

- ☐ Never
 - ☐ Less than monthly
 - ☐ Monthly
 - ☐ Weekly
 - ☐ Daily or almost daily
-

14. How often during the last 6 months have you been unable to remember what happened the night before because of your drinking?

[illegible]

e. Females in your year	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. All university students	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

19. How many alcoholic drinks, if any, do you think each of the following students on average typically consume at parties or social occasions? Just give your best estimate of what is most typical for each category (tick one box only for each category).

	0	1	2	3	4	5	6	7+
a. yourself	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. your Friends	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Students in your year	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Males in your year	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Females in your year	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. All university students	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

20. Overall, what percentage of students in your University year do you think consume NO alcoholic drinks at all?
Just give your best estimate (from 0% to 100%)

%

21. Overall, what percentage of students in your University year do you think have been drunk on at least one occasion in the last 7 days?
Again, just give your best estimate (from 0 to 100%)

%

22. Have you ever experienced, in the last 6 months, any of the following during, or due to, a drinking occasion?

	Yes	No
a. Blackout or memory lapse	<input type="checkbox"/>	<input type="checkbox"/>
b. Been embarrassed by your actions	<input type="checkbox"/>	<input type="checkbox"/>
c. Been in a fight	<input type="checkbox"/>	<input type="checkbox"/>
d. Engaged in unprotected sex	<input type="checkbox"/>	<input type="checkbox"/>
e. Missed a lecture/class	<input type="checkbox"/>	<input type="checkbox"/>
f. Required emergency medical treatment	<input type="checkbox"/>	<input type="checkbox"/>
g. Sustained an injury	<input type="checkbox"/>	<input type="checkbox"/>
h. Trouble with local or campus authorities	<input type="checkbox"/>	<input type="checkbox"/>
i. Received unwanted sexual advances	<input type="checkbox"/>	<input type="checkbox"/>

23. Have you, in the last 6 months, ever smoked cigarettes while drinking alcohol?

☐ Yes

☐ No

24. Have you, in the last 6 months, ever used other drugs while drinking alcohol?

☐ Yes

☐ No

25. If "yes", what other drug?

☐ Marijuana

☐ Amphetamines

☐ Ecstasy

☐ Heroin

☐ Cocaine

☐ LSD

☐ Magic mushrooms

☐ Other

Listed below are a number of statements concerning personal attitudes and traits. Read each item and decide whether the statement is true or false as it pertains to you personally.

26. I never hesitate to go out of my way to help someone in trouble.

☐ True

☐ False

27. I have never intensely disliked anyone.

☐ True

☐ False

28. There have been times when I was quite jealous of the good fortune of others.

☐ True

☐ False

29. I would never think of letting someone else be punished for my wrong doings.

☐ True

☐ False

30. I sometimes feel resentful when I don't get my way.

☐ True

☐ False

31. There have been times when I felt like rebelling against people in authority even though I knew they were right.

☐ True

☐ False

32. I am always courteous, even to people who are disagreeable.

☐ True

☐ False

33. When I don't know something I don't at all mind admitting it.

- ☐ True
☐ False

34. I can remember "pretending to be ill" to get out of something.

- ☐ True
☐ False

35. I am sometimes irritated by people who ask favours of me.

- ☐ True
☐ False

Now read the following statements about the effects of alcohol. If you think the statement is true or mostly true, then mark "true". If you think that the statement is false, or mostly false, or rarely happens to most people, then mark "false". When the statements refer to "drinking alcohol", you may think in terms of any alcohol drink such as beer, wine, whiskey, vodka, gin, or various alcoholic mixed drinks. Answer in terms of how you think alcohol affects the typical or average drinker. It is important that you respond to every statement.

True	False	
<input type="checkbox"/>	<input type="checkbox"/>	People become harder to get along with after they have had a few drinks of alcohol
<input type="checkbox"/>	<input type="checkbox"/>	People feel sexier after a few alcoholic drinks
<input type="checkbox"/>	<input type="checkbox"/>	Parties are not as much fun if people are drinking
<input type="checkbox"/>	<input type="checkbox"/>	A person can do things better after a few drinks of alcohol
<input type="checkbox"/>	<input type="checkbox"/>	Drinking alcohol is O.K. because it allows people to join in with others who are having fun
<input type="checkbox"/>	<input type="checkbox"/>	When talking with people, words come to mind easier after a few drinks of alcohol
<input type="checkbox"/>	<input type="checkbox"/>	Drinking alcohol makes people worry less
<input type="checkbox"/>	<input type="checkbox"/>	Drinking alcohol makes people feel more alert
<input type="checkbox"/>	<input type="checkbox"/>	Most people think better after a few drink of alcohol
<input type="checkbox"/>	<input type="checkbox"/>	People understand things better when they are drinking alcohol
<input type="checkbox"/>	<input type="checkbox"/>	A person enjoys people of the opposite / same sex more after she / he has been drinking alcohol (answer question according to sexual orientation)
<input type="checkbox"/>	<input type="checkbox"/>	Drinking alcohol makes a person feel less up-tight
<input type="checkbox"/>	<input type="checkbox"/>	Alcohol makes people feel more romantic
<input type="checkbox"/>	<input type="checkbox"/>	Drinking alcohol loosens people up
<input type="checkbox"/>	<input type="checkbox"/>	People do stupid, strange, or silly things when they drink alcohol

<input type="checkbox"/>	<input type="checkbox"/>	Alcohol makes people more relaxed and less tense
<input type="checkbox"/>	<input type="checkbox"/>	People laugh a lot and do silly or crazy things when they have been drinking
<input type="checkbox"/>	<input type="checkbox"/>	It's fun to watch others act silly when they are drinking alcohol
<input type="checkbox"/>	<input type="checkbox"/>	People become dizzy and are apt to fall over when they drink alcohol
<input type="checkbox"/>	<input type="checkbox"/>	People can control their anger better when they are drinking alcohol
<input type="checkbox"/>	<input type="checkbox"/>	Alcoholic beverages make parties more fun
<input type="checkbox"/>	<input type="checkbox"/>	Alcohol makes people better lovers
<input type="checkbox"/>	<input type="checkbox"/>	After drinking alcohol, a person may lose control and run into things
<input type="checkbox"/>	<input type="checkbox"/>	Drinking alcohol relaxes people
<input type="checkbox"/>	<input type="checkbox"/>	People become loud and noisy when they drink alcohol
<input type="checkbox"/>	<input type="checkbox"/>	Drinking alcohol helps students to do their coursework
<input type="checkbox"/>	<input type="checkbox"/>	People become more interested in people of the opposite / same sex after a few drinks of alcohol (answer question according to sexual orientation)

In the past, we have sent you a Personalised Drinking Profile. Have you read it?

- ☐ Yes
☐ No

Did you find it useful?

- ☐ Yes
☐ No

If no, please explain.